

# Sport Court Schedules



## Basketball Court Schedule

**Basketball**  
 Monday & Wednesday: 5:30am - 5:30pm & 7:30pm - 10:00pm  
 Tuesday: 5:30am - 5:30pm  
 Thursday: 5:30am - 5:30pm  
 Friday: 5:30am - 5:30pm  
 Saturday: 8:00am - 4:00pm  
 Sunday: 1:00pm - 5:00pm

- North side of the court is considered "Family/Programs" Court and is for shooting around with NO pick-up games and reserved for programming activities.
- South side of the court is advised for 12 & older for shooting and pick-up games.
- FULL COURT CLOSURE DURING KARATE PROGRAMMING 5:30PM - 7:30PM**
- The Shoot-A-Way is available until 5pm M-F but may be taken down early by Epic Staff based on court usage.
- Please DO NOT try to take down or move Shoot-A-Way on your own. Please ask Epic Staff for assistance with setup & takedown.

**Pickleball**  
 Thursday: 6:00pm - 10:00pm  
 Friday: 6:00pm - 9:00pm

- 3 courts available open play games for all ages.

**Volleyball**  
 Tuesday: 6:00pm - 10:00pm

- 1 court available recommended for 14 and older co-ed open play.

**Karate**  
 Monday & Wednesday: 6:00pm - 7:30pm

- This is a paid activity for youth ages 5 and up & WILL OCCUPY FULL COURT DURING PROGRAM TIMES

Children under the age of 12 must have an adult supervising them in the gym at all times

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am							
7:00am							
8:00am							
9:00am							
10:00am							
11:00am							
12:00pm	Basketball	Basketball	Basketball	Basketball	Basketball	Basketball	
1:00pm							
2:00pm							
3:00pm							
4:00pm							
5:00pm							
5:30pm							
6:00pm	Karate Full Court		Karate Full Court				
7:30pm							
8:00pm	Basketball	Volleyball	Basketball	Pickleball	Pickleball		
9:00pm							
10:00pm							

Fall/Winter 2023 Schedule - Effective 9/5/23

## Multi-Purpose Court Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am	CrossFit	CrossFit	CrossFit	CrossFit			
7:00am							
8:00am	Pickleball	Badminton	Pickleball	Badminton			
9:00am							
10:00am							
11:30am					Pickleball	Pickleball	
12:00pm	CrossFit	CrossFit	CrossFit	CrossFit			
1:00pm							
1:30pm	Pickleball	Badminton	Pickleball	Badminton			
2:00pm							
3:00pm							
4:00pm							
5:00pm							
5:30pm							
6:00pm	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit Open Gym		
7:30pm							
8:00pm	Badminton	Volleyball	Badminton	Pickleball			
9:00pm							
10:00pm							

**CrossFit**  
 Monday - Thursday:  
 6:00am - 7:00am  
 12:00pm - 1:00pm  
 5:30pm - 6:30pm  
 6:30pm - 7:30pm

Friday:  
 5:30pm - 8:30pm

**\*\*Open CrossFit Requires CrossFit Upgrade\*\***

- CrossFit Upgrade Required

**Pickleball**  
 Monday & Wednesday: 7:00am - 11:30am & 1:30pm - 5:00pm  
 Thursday: 8:00pm - 10:00pm  
 Friday: 5:30am - 5:00pm  
 Saturday: 8:00am - 4:00pm  
 Sunday: 1:00pm - 5:00pm

- 3 courts with open play pick-up games for all ages.

**Badminton**  
 Monday & Wednesday: 8:00pm - 10:00pm  
 Tuesday & Thursday: 7:00am - 11:30am & 1:30pm - 5:00pm

- 3 courts with open play for all ages.

**Volleyball**  
 Tuesday 8:00pm - 10:00pm

- 1 court available recommended for all ages.

**\*\*Court Closures on Weekends are subject to change due to scheduling of Epic Events\*\***

Fall/Winter 2023 Schedule - Effective 9/5/23