



JoinTheEpic.com

MARCH 2024

MON		TUE		WED		THU		FRI	
27		28		29		1		2	
<ul style="list-style-type: none">• 6:00AM• 12PM• 5:30PM• 6:30 PM		<ul style="list-style-type: none">• 6:00AM• 12PM• 5:30PM• 6:30 PM		<ul style="list-style-type: none">• 6:00AM• 12PM• 5:30PM• 6:30 PM		<ul style="list-style-type: none">• 6:00AM• 12PM• 5:30PM• 6:30 PM		FRIDAY NIGHT LIGHTS 6-9PM	
5		6		7		8		9	
<ul style="list-style-type: none">• 6:00AM• 12PM• 5:30PM• 6:30 PM		<ul style="list-style-type: none">• 6:00AM• 12PM• 5:30PM• 6:30 PM		<ul style="list-style-type: none">• 6:00AM• 12PM• 5:30PM• 6:30 PM		<ul style="list-style-type: none">• 6:00AM• 12PM• 5:30PM• 6:30 PM		FRIDAY NIGHT LIGHTS 6-9PM	
12		13		14		15		16	
<ul style="list-style-type: none">• 6:00AM• 12PM• 5:30PM• 6:30 PM		<ul style="list-style-type: none">• 6:00AM• 12PM• 5:30PM• 6:30 PM		<ul style="list-style-type: none">• 6:00AM• 12PM• 5:30PM• 6:30 PM		<ul style="list-style-type: none">• 6:00AM• 12PM• 5:30PM• 6:30 PM		FRIDAY NIGHT LIGHTS 6-9PM	
19		20		21		22		23	
<ul style="list-style-type: none">• 6:00AM• 12PM• 5:30PM• 6:30 PM		<ul style="list-style-type: none">• 6:00AM• 12PM• 5:30PM• 6:30 PM		<ul style="list-style-type: none">• 6:00AM• 12PM• 5:30PM• 6:30 PM		<ul style="list-style-type: none">• 6:00AM• 12PM• 5:30PM• 6:30 PM		OPEN GYM/ PARTNER WOD 5:30-8:30PM	
26		27		28		29		30	
<ul style="list-style-type: none">• 6:00AM• 12PM• 5:30PM• 6:30 PM		<ul style="list-style-type: none">• 6:00AM• 12PM• 5:30PM• 6:30 PM		<ul style="list-style-type: none">• 6:00AM• 12PM• 5:30PM• 6:30 PM		<ul style="list-style-type: none">• 6:00AM• 12PM• 5:30PM• 6:30 PM		OPEN GYM/ PARTNER WOD 5:30-8:30PM	

*Schedule subject to change. Please visit jointheepic.com/crossfit2960/ for the most up to date schedule. Epic Members only, CrossFit Upgrade required. Maximum of 20 individuals per class. First come, first serve. Ages 14+