

Sport Court Schedules



Basketball Court Schedule

Basketball
 Monday & Wednesday: 5:30am - 5:30pm & 7:30pm - 10:00pm
 Tuesday: 5:30am - 5:30pm
 Thursday: 5:30am - 5:30pm
 Friday: 5:30am - 5:30pm
 Saturday: 8:00am - 4:00pm
 Sunday: 1:00pm - 5:00pm

- North side of the court is considered "Family/Programs" Court and is for shooting around with NO pick-up games and reserved for programming activities.
- South side of the court is advised for 12 & older for shooting and pick-up games.
- FULL COURT CLOSURE DURING KARATE PROGRAMMING 5:30PM - 7:30PM**
- The Shoot-A-Way is available until 5pm M-F but may be taken down early by Epic Staff based on court usage.
- Please DO NOT try to take down or move Shoot-A-Way on your own. Please ask Epic Staff for assistance with setup & takedown.

Pickleball
 Thursday: 6:00pm - 10:00pm
 Friday: 6:00pm - 9:00pm

- 3 courts available open play games for all ages.
- Lessons offered monthly (2nd & 4th) Friday: 6pm - 7pm

Volleyball
 Tuesday: 6:00pm - 10:00pm

- 1 court available recommended for 14 and older co-ed open play.

Karate
 Monday & Wednesday: 6:00pm - 7:30pm

- This is a paid activity for youth ages 5 and up & WILL OCCUPY FULL COURT DURING PROGRAM TIMES

Children under the age of 12 must have an adult supervising them in the gym at all times

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am							
7:00am							
8:00am							
9:00am							
10:00am							
11:00am							
12:00pm	Basketball	Basketball	Basketball	Basketball	Basketball	Basketball	
1:00pm							
2:00pm							
3:00pm							
4:00pm							
5:00pm							
5:30pm							
6:00pm	Karate Full Court		Karate Full Court				
7:30pm							
8:00pm	Basketball	Volleyball	Basketball	Pickleball	Pickleball		
9:00pm							
10:00pm							

Spring/Summer 2024 Schedule - Effective 4/15/24

Multi-Purpose Court Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am	CrossFit	CrossFit	CrossFit	CrossFit			
7:30am							
8:00am	Pickleball	Pickleball	Pickleball	Pickleball			
9:00am							
10:00am							
11:30am							
12:00pm	CrossFit	CrossFit	CrossFit	CrossFit	Pickleball	Pickleball	
1:00pm							
1:30pm							
2:00pm							
3:00pm	Pickleball	Pickleball	Pickleball	Pickleball			
4:00pm							
5:00pm							
5:30pm							
6:00pm	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit Open Gym		
7:30pm							
8:00pm							
9:00pm	Pickleball	Volleyball	Pickleball	Pickleball			
10:00pm							

CrossFit
 Monday - Thursday:
 6:00am - 7:00am
 12:00pm - 1:00pm
 5:30pm - 6:30pm
 6:30pm - 7:30pm

Friday:
 5:30pm - 8:30pm

***Includes setup and breakdown times; members are asked to please clear the court prior to setup

Open CrossFit Requires CrossFit Upgrade

- CrossFit Upgrade Required
- This is a paid activity for ages 12 and up & WILL OCCUPY FULL COURT DURING PROGRAM TIMES

Pickleball
 Monday - Thursday: 7:30am - 11:30am & 1:30pm - 5:00pm
 Monday, Wednesday & Thursday: 8:00pm - 10:00pm
 Friday: 5:30am - 5:00pm
 Saturday: 8:00am - 4:00pm
 Sunday: 1:00pm - 5:00pm

- 3 courts with open play pick-up games for all ages.
- Pickleball Lessons available at following times:
 => Friday, Saturday & Monday Mornings: 10am - 11:30am w/ Donnie
 => Monthly (2nd & 4th Fridays): 6pm - 7pm w/ Hannah

Volleyball
 Tuesday 8:00pm - 10:00pm

- 1 court available recommended for all ages.

Court Closures on Weekends are subject to change due to scheduling of Epic Special Events

Spring/Summer 2024 Schedule - Effective 4/15/24