



JoinTheEpic.com

APRIL 2024

MON	TUE	WED	THU	FRI
1	2	3	4	5
<ul style="list-style-type: none"> 6:00AM 12PM 5:30PM 6:30 PM 	<ul style="list-style-type: none"> 6:00AM 12PM 5:30PM 6:30 PM 	<ul style="list-style-type: none"> 6:00AM 12PM 5:30PM 6:30 PM 	<ul style="list-style-type: none"> 6:00AM 12PM 5:30PM 6:30 PM 	OPEN GYM/ PARTNER WOD 5:30-8:30PM
8	9	10	12	13
<ul style="list-style-type: none"> 6:00AM 12PM 5:30PM 6:30 PM 	<ul style="list-style-type: none"> 6:00AM 12PM 5:30PM 6:30 PM 	<ul style="list-style-type: none"> 6:00AM 12PM 5:30PM 6:30 PM 	<ul style="list-style-type: none"> 6:00AM 12PM 5:30PM 6:30 PM 	OPEN GYM/ PARTNER WOD 5:30-8:30PM
16	17	18	19	20
<ul style="list-style-type: none"> 6:00AM 12PM 5:30PM 6:30 PM 	<ul style="list-style-type: none"> 6:00AM 12PM 5:30PM 6:30 PM 	<ul style="list-style-type: none"> 6:00AM 12PM 5:30PM 6:30 PM 	<ul style="list-style-type: none"> 6:00AM 12PM 5:30PM 6:30 PM 	OPEN GYM/ PARTNER WOD 5:30-8:30PM
23	24	25	26	27
<ul style="list-style-type: none"> 6:00AM 12PM 5:30PM 6:30 PM 	<ul style="list-style-type: none"> 6:00AM 12PM 5:30PM 6:30 PM 	<ul style="list-style-type: none"> 6:00AM 12PM 5:30PM 6:30 PM 	<ul style="list-style-type: none"> 6:00AM 12PM 5:30PM 6:30 PM 	OPEN GYM/ PARTNER WOD 5:30-8:30PM
30	1	2	3	4
<ul style="list-style-type: none"> 6:00AM 12PM 5:30PM 6:30 PM 	<ul style="list-style-type: none"> 6:00AM 12PM 5:30PM 6:30 PM 	<ul style="list-style-type: none"> 6:00AM 12PM 5:30PM 6:30 PM 	<ul style="list-style-type: none"> 6:00AM 12PM 5:30PM 6:30 PM 	OPEN GYM/ PARTNER WOD 5:30-8:30PM

*Schedule subject to change. Please visit jointheepic.com/crossfit2960/ for the most up to date schedule. Epic Members only, CrossFit Upgrade required. Maximum of 20 individuals per class. First come, first serve. Ages 14+