



# CROSSFIT 2960

JoinTheEpic.com

## DECEMBER 2024

MON	TUE	WED	THU	FRI
2	3	4	5	6
<ul style="list-style-type: none"> <li>6:00AM</li> <li>12PM</li> <li>5:30PM</li> <li>6:30 PM</li> </ul>	<ul style="list-style-type: none"> <li>6:00AM</li> <li>12PM</li> <li>5:30PM</li> <li>6:30 PM</li> </ul>	<ul style="list-style-type: none"> <li>6:00AM</li> <li>12PM</li> <li>5:30PM</li> <li>6:30 PM</li> </ul>	<ul style="list-style-type: none"> <li>6:00AM</li> <li>12PM</li> <li>5:30PM</li> <li>6:30 PM</li> </ul>	OPEN GYM 5:30-8:30PM
9	10	11	12	13
<ul style="list-style-type: none"> <li>6:00AM</li> <li>12PM</li> <li>5:30PM</li> <li>6:30 PM</li> </ul>	<ul style="list-style-type: none"> <li>6:00AM</li> <li>12PM</li> <li>5:30PM</li> <li>6:30 PM</li> </ul>	<ul style="list-style-type: none"> <li>6:00AM</li> <li>12PM</li> <li>5:30PM</li> <li>6:30 PM</li> </ul>	<ul style="list-style-type: none"> <li>6:00AM</li> <li>12PM</li> <li>5:30PM</li> <li>6:30 PM</li> </ul>	<b>CF 2960 CHRISTMAS PARTY 6PM</b>
16	17	18	19	20
<ul style="list-style-type: none"> <li>6:00AM</li> <li>12PM</li> <li>5:30PM</li> <li>6:30 PM</li> </ul>	<ul style="list-style-type: none"> <li>6:00AM</li> <li>12PM</li> <li>5:30PM</li> <li>6:30 PM</li> </ul>	<ul style="list-style-type: none"> <li>6:00AM</li> <li>12PM</li> <li>5:30PM</li> <li>6:30 PM</li> </ul>	<ul style="list-style-type: none"> <li>6:00AM</li> <li>12PM</li> <li>5:30PM</li> <li>6:30 PM</li> </ul>	OPEN GYM 5:30-8:30PM
23	24	25	26	27
<ul style="list-style-type: none"> <li>6:00AM</li> <li>12PM</li> <li>5:30PM</li> <li>6:30 PM</li> </ul>	CLOSED	CLOSED	<ul style="list-style-type: none"> <li>6:00AM</li> <li>12PM</li> <li>5:30PM</li> <li>6:30 PM</li> </ul>	OPEN GYM 5:30-8:30PM
30	31	1	2	3
<ul style="list-style-type: none"> <li>6:00AM</li> <li>12PM</li> <li>5:30PM</li> <li>6:30 PM</li> </ul>	<ul style="list-style-type: none"> <li>6:00AM</li> <li>12PM</li> <li>5:30PM</li> <li>6:30 PM</li> </ul>	CLOSED	<ul style="list-style-type: none"> <li>6:00AM</li> <li>12PM</li> <li>5:30PM</li> <li>6:30 PM</li> </ul>	OPEN GYM 5:30-8:30PM

\*Schedule subject to change. Please visit [jointheepic.com/crossfit2960/](http://jointheepic.com/crossfit2960/) for the most up to date schedule. Epic Members only, CrossFit Upgrade required. Maximum of 20 individuals per class. First come, first serve. Ages 12+